

Quinoa Salad Ingredients

- 1 c [quinoa](#), rinsed and [cooked](#) with 1 1/2-2 cups water, 1 T [Red Thai Curry Paste](#) (The brand in the link is not crazy spicy), sea salt and freshly ground pepper
- 1/2 c red pepper, finely chopped
- 1 small [mango](#), finely chopped
- 1 small cucumber, finely chopped
- 1/2 c parsley, finely chopped
- sea salt
- freshly ground black pepper
- 2 t honey

Cool the cooked quinoa for 5-10 minutes. Add the red pepper, mango, cucumber and parsley. Season to taste with salt, pepper and honey. Serve with your favorite salmon recipe.