

Nori Lox Goat Cheese

- 2 T unsalted smoked salmon, chopped
- 1 T goat cheese
- 1 sheet of nori, raw or toasted
- 2 T chopped Cucumber Salad, drained
- Kohlrabi Salad
- 1 t sweet onion, chopped
- a pinch of Bologna Herbal Sea Salt, or Herbamare

Spread goat cheese diagonally on wrap. Top with salmon, salt, salads and onion, roll and slice bite-sized. Serve extra Cucumber Salad and Kohlrabi Salad on the side. Serves 1.

Cucumber Salad

- 3-4 Israeli cucumbers, sliced
- 1 T dill, chopped
- 1 T sweet onion, chopped
- 1/2 T olive oil
- 1 T seasoned rice vinegar
- Bologna Herbal Sea Salt, or Herbamare

Combine all ingredients. Serves 4.

Nori Lox Goat Cheese - Kohlrabi Salad

Kohlrabi Salad

- 1 kohlrabi, peeled, sliced into sticks
- 1/2 T olive oil
- 1/2 lemon, juiced
- Bologna Herbal Sea Salt, or Herbamare

Combine all ingredients. Serves 6.

Jittery Cook